

Local fishing regulations for Namsenvassdraget 2019

“The salesperson responsible for issuing fishing licences is obligation to inform the fishermen about the local fishing rules, as well as controlling whether the national fishing fee has been paid, and whether fishermen hold a valid disinfection certificate. The fishermen are personally responsible for reading and understanding these rules regulating the fishing in Namsenvassdraget watercourse”

§1 Allowed dates for fishing salmon and sea trout

Namsen below Nedre Fiskumfoss: 1 June – 31 August. Above Nedre Fiskumfoss: 1 July -15 September.

Høylandsvassdraget and Bjøra: 15 May -15 August.*

Sanddøla: 1 June – 31 August. Above Møllefoss to and including Bergfoss: 15 June – 15 September.

*In periodes with water flow <10 m/s at the outlet of lake Grongstadvatnet, there will be restrictions regarding what is considered legal tackle (see details §6)

§2 Bag limit

24-hour bag limit (salmon): 4 killed salmon per 24-hour period. 2 salmon without weight limitation and 2 salmon weighing less than 1.5 kilo.

24-hour bag limit (sea trout): In the rivers: 2 killed sea trout per 24-hour period.

In the lakes: 5 killed sea trout per 24-hour period.

If the fisherman has filled the 24-hour bag limit of killed salmon or first kill 2 salmon weighing over 1,5kg, fishing shall be stopped until a new 24-hour fishing period starts. Farmed fish do not affect the bag limit, but shall be registered with the www.lakseboersen.no – marked farmed. Released fish do not affect the bag limit, but must be registered with the www.lakseboersen.no – as released. Brown trout do not affect the bag limit, however it is encouraged to register it on the www.lakseboersen.no – as brown trout.

The 24-hour bag limit is personal.

Definition of a 24-hour bag limit: the total number of salmon / trout a person can kill during a 24-hour period. The quota follows the date (24-hour period). The bag limit is personal and cannot be transferred / sold to others. It applies for the whole watercourse.

The board of Namsenvassdraget Elveierlag are in the position of making changes in the fishing regulations regarding bag limit and introducing light tackle only-fishing. This is if the mid season evaluation of the salmon run or other management related factors advocate the need of restricted fishing.

§3 Hired / employed oarsmen´s quota

Oarsmen who are employed by the fishing rights holder(s) in Namsenvassdraget and / or are hired for payment by the customer, have no fishing rights of their own.

§4 Disinfection of tackle and fishing equipment

All tackle and other equipment (for example, boats, fishing nets, waders, etc.) that are used in other waterways during the same season, shall be disinfected before use in the Namsenvassdraget. A disinfection certificate shall be presented upon purchase / rental of fishing, as well as upon inspections carried out by the river owner´s inspectors if fishing has been done in other waterways.

§5 Catch & release and minimum size

Salmon and sea trout less than 35 cm must be released alive.

Post-spawned fish (kelts) are protected and must be released alive.

Coloured fish/pre-spawning must be released.

Fish that is injured to the degree there is a doubt about whether they will survive shall be killed. Released fish will not affect the quota. At water temperatures exceeding 20°C, catch and release is forbidden. Release of fish shall take place carefully and in compliance with the guidelines issued by [mattilsynet](#).

§6 Legal fishing equipment

Spinning with natural (live) worms*, spoons, spinners, wobblers and fly fishing is allowed in the watercourse. The distance between the hook stem and hook tip shall not be greater than 13 mm; for single hooks, not greater than 15 mm. Fishing equipment shall not be left during fishing.

Land fishing: It is allowed to use only 1 rod / hand line per person. One can use up to 2 baits per rod. It is illegal to fish in a way that increases the probability of foul hooking fish.

Snagging is strictly forbidden

Boat fishing: It is allowed to use up to 3 rods per boat, and only one bait per rod / hand line.

Light tackle only: In periods or/and areas where light tackle only fishing applies, the legal baits are: natural worms (fished without a sinker), flies (unweighted) presented by a floating fly line or floating bobber.

*artificial worms or other scented baits like Gulp, are not considered as legal bait. [Norwegian law](#) is defining the limitations if live worms are brought from other countries.

§7 Protected areas

Fishing is not allowed closer than 50m (up- and downstream) from in- and outlet of fish ladders. This applies to other structures that pose migration barriers for anadromous fish.

§8 Reporting of catch

The fishermen is obligated to report all catch of salmon and sea trout to the Namsenvassdraget Elveierlag, www.lakseboersen.no, as soon as possible and at the latest within 48 hours. This also applies to released fish.

§9 Violation of the fishing regulations

Violation of the local fishing regulations can entail fines, prohibition on fishing, and / or reporting to the Police. Fines that are imposed must be paid before fishing can be taken up again. The person found to have violated the quota would be prohibited from fishing in Namsenvassdraget for the remaining time of the current season and the whole of the following season.

The following rates of fines apply to Namsenvassdraget:

Violation of quota: NOK 3 000

Omitted catch reporting: NOK 2 000

Omitted disinfection: NOK 1 500

§10 Supervision

If addressed by a local bailiff empowered by Namsenvassdraget Elveierlag, it is encouraged that fishermen follow instructions given by the bailiff and always bring the following documentation for inspection: ID, national fishing fee, disinfection certificate.

§11 Force and effect of the fishing regulations

The regulations will apply from May 15th 2019.

The current fishing rules may be amended at the mid-season assessment on 15 July.

The salesperson responsible for issuing fishing licences is obligation to inform the fishermen about the local fishing rules, as well as controlling whether the national fishing fee has been paid, and whether fishermen hold a valid disinfection certificate. The fishermen are personally responsible for reading and understanding these rules regulating the fishing in Namsenvassdraget. It is also the fishermen`s personal responsibility that potential practice of catch and release is done according to the earlier mentioned guidelines.